

April 10-12

APPLICATION DEADLINE:  
MARCH 30

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## Carmel Retreat Center

415 OLD COLLINS ROAD  
HOSCHTON, GA 30548

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**\$350.00**

**INCLUDES PRIVATE ROOM,  
MEALS, RETREAT MATERIALS  
AND PROGRAM.**

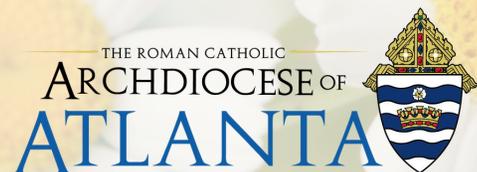
*Scholarships available upon request.*

To request an application,  
please contact:

**Sue Stubbs**

404-920-7554  
SSTUBBS@ARCHATL.COM

*Must provide your own  
transportation to and from the  
retreat location.*



The Way Healing Retreat for survivors of abuse was developed by Sue Stubbs, director of the Office of Victims Assistance of the Archdiocese of Atlanta.

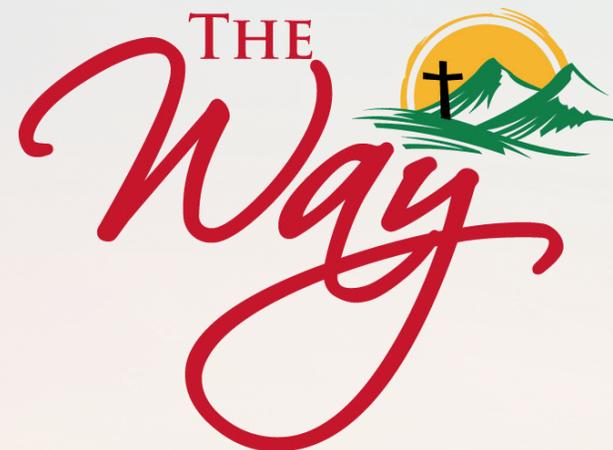
The Office of Victims Assistance of the Archdiocese of Atlanta provides outreach and healing programs for those abused by Church personnel. Some programs, such as this retreat, expand beyond those abused by Church personnel to include all victims of abuse.

The Office of Victims Assistance organizes a pastoral response to the victim, their immediate family and their parish family by offering resources for counseling, spiritual direction, prayer services, retreats and educational information.

**FOR MORE INFORMATION, CONTACT:**

**Sue Stubbs, MS, NCC, CCTP-II**  
Catholic Archdiocese of Atlanta

2401 LAKE PARK DRIVE SE, SMYRNA, GA 30080  
404-920-7554 | SSTUBBS@ARCHATL.COM



## A Healing Retreat for Female Survivors of Abuse

**DEVELOPED AND LED BY SUE STUBBS**  
DIRECTOR, OFFICE OF VICTIMS ASSISTANCE

A service of the  
**Office of Victims Assistance**  
Catholic Archdiocese of Atlanta

*This retreat is Christian based.  
We invite and welcome women of all  
faiths and traditions.*



## THE WAY

The Way is a healing retreat for female survivors of abuse; a three-day guided meditation and prayer experience for women whose abuse by another has deeply affected their heart, mind, body and soul.

Have you experienced or are you experiencing dread, confusion, deep hurt, betrayal or anger when you think of the abuse you have suffered? Or maybe you are feeling nothing at all.

You have every right to these feelings...they are natural reactions to the trauma you have survived.

You may be asking yourself, "How do I handle all of this? How will confronting my abuse experience affect my life? How will I ever recover my trust in people, God and my Church again?"

***Does it really matter? Do I matter?***

**The Way** is the path to take to find answers to these and many other questions for which your heart, mind, body and soul have been searching. This is where your healing journey begins. These three days of guided meditations and prayer crafted around the Stations of the Cross will show you the steps Christ took to overcome dread, confusion, deep hurt, betrayal and anger not only for his experience of abuse—which culminated in his death on the cross and new life in the resurrection—but for your abuse as well. You can choose to walk **The Way** with him, learn his ways, transform your pain and suffering into a new life, the life God has always wanted for you but that the sins of another have disfigured in countless ways.

**You do matter...**to God, to your Church, to your loved ones, to the world. Let Christ show you **The Way** to peace in heart, mind, body and soul. Take your first voluntary steps on **The Way** to new life.

## YOUR RETREAT TEAM

Your retreat team consists of professional counselors, a priest and volunteers who are well formed and grounded in the truth of the Catholic faith. All truth is God's truth, so no matter if you are not Catholic, the steps you take during this retreat will help you to move forward in truth on your journey to peace.

## RETREAT SCHEDULE

### Friday

Mass (*encouraged but not required*)  
Settling in  
Welcome | Introduction  
Dinner  
Conference | Stations 1 - 3

### Saturday\*\*

Breakfast  
Conference | Stations 4 - 7  
Lunch  
Rosary (*encouraged but not required*)  
Free Time  
Conference | Stations 8 - 11  
Mass (*encouraged but not required*)  
With voluntary opportunity  
for sacrament of healing  
Dinner | **Silent portion of retreat begins\***  
Station 12  
Adoration of the Blessed Sacrament  
(*encouraged but not required*)  
Foot of The Cross Ceremony

### Sunday

Sunday Mass (*encouraged but not required*)  
Breakfast  
Stations 13 - 14  
Way of the Cross  
*Silent portion of retreat ends*  
Station 15  
Lunch  
Conference  
Homebound!

**\*Silence is God's language.** Refraining from talking amongst ourselves during this portion of the retreat will increase our intimacy with God. In the words of Saint Theresa of Calcutta, "We need to find God and He cannot be found in noise and restlessness. God is the friend of silence. See how nature—trees, flowers, grass—grows in silence; see the stars, the moon, the sun, how they move in silence...we need silence to be able to touch souls."

\*\*Voluntary opportunity for the sacrament of reconciliation available throughout the day.