



Men's Ministries and Resources

Below is a list of Catholic men groups, organizations and resources to support men in their faith journey.

- [Knights of Columbus](#) empowers Catholic men to put their faith into action – building stronger families, stronger parishes and stronger communities.
- [Knights of Peter Claver](#) is an international Catholic fraternal service order. It is the largest and oldest Black Catholic lay-led organization in existence.
- [The King's Men](#) is a Catholic lay apostolate that helps men across the country and world be better husbands, fathers and leaders.
- [Consecration to St. Joseph](#) means you acknowledge him as your spiritual father and that you want to be like him.
- [Marian Consecration](#) means entrusting your body, soul, possessions, works and entire life to the protection, guidance and intercession of Our Lady.
- [Into the Breach](#) video series equips men with the wisdom they need to better lead themselves and their families in living out the faith.
- [Heroic Men](#) is a free Catholic streaming platform designed for men who want to discover the truth, beauty and goodness of the Catholic faith.
- [Exodus](#) is a 90-day Catholic spiritual exercise for men that encourages the freedom to do God's will.

This is not an exhaustive list. Feel free to join or start a Catholic men's ministry group at your parish or in your community.

Women's Ministries and Resources

Below is a list of Catholic women groups, organizations and resources to support men in their faith journey.

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- [Blessed is She](#) is a sisterhood of women who want to grow together in their Catholic faith.
- [Walking with Purpose](#) develops Bible studies to reach adult women and middle school girls.
- [Endow](#) unites Catholic intellectual tradition with intentional community by creating study guides and organizing small women groups.
- [Ladies Auxiliary of the Knights of Peter Claver](#) is an international Catholic fraternal service order. It is the largest and oldest Black Catholic lay-led organization in existence.
- [Consecration to St. Joseph](#) means you acknowledge him as your spiritual father and that you want to be like him.

This is not an exhaustive list. Feel free to join or start a Catholic women's ministry at your parish or in your community.