—— THE ROMAN CATHOLIC —

Archdiocese of Atlanta

THE SEVEN SISTER APOSTOLATE AND FASTING BROTHERS SIGN UP INFORMATION

HOW TO SIGN UP

- Visit <u>www.sevensistersapostolate.org</u> to learn more.
- Recruit a team of seven (7) sisters. (This will include yourself.)
- Email Amanda Hailey at <u>ahailey@archatl.com</u> and indicate if you would like to serve as an anchoress (see duties below) and the names of your sisters team members.
- Amanda Hailey will contact those who are serving as an anchoress first.
- The anchoress can choose for whom she would like to form the group. Those who want to serve as sisters will be assigned.
- Friends and family members who do not work here and would like to participate in praying for chancery priests are welcome to participate.
- For questions, please contact Amanda Hailey at (678) 595-9181 or ahailey@archatl.com
- If you would like to start a group for your parish priests, visit <u>www.sistersistersapostolate.org</u>.

BISHOPS AND PRIESTS FOR WHOM WE NEED TO FORM GROUPS:

Archbishop Gregory Hartmayer	Fr. Gerardo Ceballos
Bishop Joel Konzen	Fr. Dan Ketter
Bishop Ned Shlesinger	Fr. Ignacio Perez
Bishop John Nhan Tran	Fr. Rey Pineda
Fr. Paul Burke	

INFORMATION

- Chancery groups will pray for our four bishops and all priests who work full-time here.
- Parish and special ministry groups will pray for pastors, parochial vicars in parishes and special ministries.

STRUCTURE

- A seven sister group consists of seven women. Each sister prays for the priest one specific day of the week in the presence of the Blessed Sacrament or in Adoration so that he is covered in prayer each day of the week.
- While the Seven Sisters is a women's ministry, a sister can have a fasting brother, husband, male coworker or friend sub for her if she cannot make her Holy Hour.
- One of the seven sisters serves as the anchoress, who is the coordinator of the group.
- Duties of the anchoress
 - Pray for the group
 - Make contact with the priest, let him know about the apostolate and relay special prayer requests to the sisters.

A Fasting Brothers group is set up the same way but is a group of six men who each fast one day of the week to cover the priest every day with the exception of Sunday. Fasting brothers will be tied to the seven sisters group who is praying for the priest for which they are fasting. They do not have a group coordinator.



COMMITMENT

Seven Sisters– One hour of prayer per week for one year. Fasting Brothers – One day of fasting per week for one year. Anchoress – One hour per week for two years.